

Celebrate Wellness, Health, and Fitness as a Community

The City of Pembroke Pines,  
Baptist Health and Broward County  
Public Schools present

# Kindness 2025

"It Starts with You"

Help spread Kindness on  
**Saturday, February 1, 2025**  
**11:00am-2:00pm**  
**Charles F. Dodge City Center** Save  
601 City Center Way **the Date!**

Join us for a day all about being kind to your body and others.  
Help raise awareness about mental health. Event activities include Yoga on the Plaza, Holistic Market, Tree of Hope and Wishes, Random Acts of Kindness, Arts and Crafts including Friendship Bracelets and planting the seeds of kindness. Bring the entire family and help find inner peace and share Kindness, Compassion and Forgiveness with others.

INTERACTIVE  
**Sidewalk Chalk Project**  
by Mellow Monkey Art

Continuous entertainment on stage which includes musical performances, poetry readings, and dancing.

Follow the City! @cityofppines fb.me/cityofpembrokepines

For details on the event or how to be a part of the event, call the Special Events office at 954-392-2116.

PEMBROKE PINES  
Baptist Health  
BROWARD  
city of kindness

Persons with disabilities requiring accommodations in order to participate must contact the Recreation and Cultural Arts Department, 954-392-2116, at least 24 hours in advance in order to request such accommodations.

# Looking For Holistic VENDORS

**For Immediate Release**

**Media Contact: Zac Schieren**  
**(954) 392-2082**  
**zschieren@ppines.com**

# Kindness 2025 Holistic Vendors Wanted

**Pembroke Pines, FL (January 6, 2025)** – The City of Pembroke Pines has a call out to holistic vendors to sell their goods at the 2025 Kindness Initiative Event on Saturday, February 1, 2025 from 11:00 am to 2:00 pm at the Charles F. Dodge City Center, located at 601 City Center Way. This is a great opportunity for all holistic vendors to reach families and visitors in attendance.

**Event Details**

The City is seeking Holistic Market vendors to sell wholesome goods, jewelry, clothes, plants, fitness and wellness products, organic and non-organic foods, juices, dips, spreads and more. Vendors interested in participating should call 954-392-2116.

Event activities include a special Interactive Sidewalk Chalk Project by Mellow Monkey Art, Yoga on the Plaza, Tree of Hope and Wishes, Random Acts of Kindness, and Arts and Crafts including creating Friendship Bracelets and planting seeds of kindness. All are encouraged to either bring the entire family, come with friends or make new friends while finding inner peace and sharing Kindness, Compassion and Forgiveness with others. There will be continuous entertainment on stage which includes musical performances, poetry readings, and dancing.

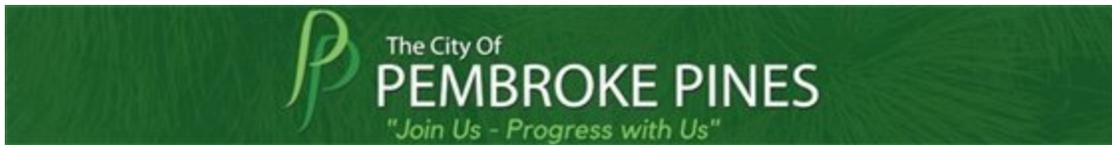
For more details or how to be a part of the event, please call the Special Events office at 954-392-2116. Thank you to our Sponsors: Baptist Health & Broward County Public Schools.

## Stay Connected With The City!

The community can learn more about the City of Pembroke Pines' latest events and activities by subscribing to Pembroke Pines Media on YouTube at Pembroke Pines Media, to NewsFlash, a monthly digital newsletter, at [www.ppines.com/Newsflash](http://www.ppines.com/Newsflash), by reading the city's digital newspaper City Connect at [www.ppines.com/cityconnect](http://www.ppines.com/cityconnect), visiting the city's website at [www.ppines.com](http://www.ppines.com), checking the city's digital signage, or by visiting the City's Facebook page at [www.facebook.com/cityofpembrokepines](http://www.facebook.com/cityofpembrokepines), and @cityofppines for Twitter and Instagram. Residents with Comcast can view Pembroke Pines Media programming on Channel 78.



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