



9th Annual International Congress on Dance Research
Healing Through Dance
Wednesday November 8th, 2023
7pm--10:30 pm-Welcoming Party Adm. \$20/pp @VK Dance Arena

Thursday November 9th, 2023
2 pm-5 pm- Dance Workshop Adm. free
@ SW Focal Point Senior Center--301 NW 103 Ave, Pembroke Pines FL. 33026

Friday November 10th, 2023
11am -3pm Lecture Presentation Adm. Free
7pm-11pm Dinner Gala & Performances Adm. \$20/pp
@ VK Dance Arena 3129 W. Hallandale Bch Blvd, Hallandale Bch. FL. 33009

SUNDAY NOVEMBER 12th, 2023
Dance Film Projection & Live Streaming Performances
6:00pm Live On ETHNI.TV Adm. Free
@ Nova Southeastern University Performance Theater
Don Taft University Center

[For Immediate Release](#)

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Healing Through Dance Free Dance Workshop

Pembroke Pines, FL (November 2, 2023) – The City of Pembroke Pines will be hosting a free dance workshop as part of the 9th Annual International Congress on Dance Research event which showcases all forms of dance such as ballet, modern, folklore, ballroom, oriental, recreational, Salsa, etc. This year's theme is "Healing Through Dance."

Admission is free and all are welcome to the Carl Shechter Southwest Focal Point Community Center dance workshop on Thursday, November 9, 2023 from 2:00 PM to 5:00 PM, at the Carl Shechter Southwest Focal Point Community Center, located at 301 NW 103rd Ave.

For more information, please call the Center's Activities Desk at 954-450-6888 or the Event Organizers at 954-708-5099.

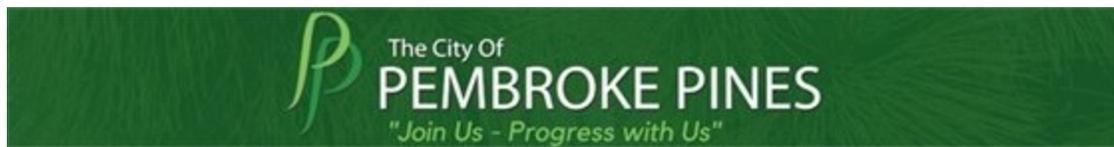
Membership

Registration membership at the Center is FREE for those over 60 and a \$20.00 annual membership for those 59 and under. For more information about the Center, its future events, rental space availability or classes, please ask for the Activities Desk when calling or visit, The Carl Shechter Southwest Focal Point Community Center Campus. For more information residents may call 954-450-6888. Regular hours are Monday-Friday 9 AM to 5 PM.

Stay Connected With The City!

The community is encouraged to learn more about the City of Pembroke Pines' latest Events by subscribing to Pembroke Pines Media on YouTube, by reading the city's newspaper City Connect, by subscribing to the City's digital newsletter City Connect News Flash received via email at www.ppines.com/newsflash, checking the city's digital signage, or by visiting the City's Facebook page at www.facebook.com/cityofpembrokepines, and @cityofppines for Twitter and Instagram, as well as the city's website at www.ppines.com. Residents with Comcast can view Pembroke Pines Media programming on Channel 78, and residents with AT&T U-Verse can view programming on Channel 99 and click on Pembroke Pines TV.

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