

**City of Pembroke Pines
Workers' Compensation
Procedures/Information**

If you are injured on the job, notify your supervisor immediately. If injury is life threatening or severe, call 911 or go to the nearest emergency room.

First Report of Injury is reported to Risk Management
Phone: 954-392-2095
or 954-392-2094
Fax: 954-517-8406

Workers' Comp Claims
Representative can be reached at:
Phone: 800-889-6764
Fax: 866-509-8358

You may seek medical treatment at:
Memorial Walk-In
801 S. Douglas Rd.
Phone: 954-985-1470

Care Spot
Pembroke Pines (East)
9035 Pines Blvd 954-378-0333
Pembroke Pines (West)
18203 Pines Blvd 954-889-5823

Occu Med
12014 Miramar Pkwy
954-438-6228

For emergency care, go to one of the following or the nearest hospital:
Memorial Hospital West:
954-436-5000
Memorial Pembroke:
954-962-9650
Memorial Miramar:
954-538-5000

Benefit Information

UMR (Medical Insurance)
Cust. Service # (800) 362-1116
Group #76-510020
Website-www.umar.com

Optum Rx Group
Cust. Service # (877) 559-2955
Group#1960489
Website-www.optum.com

Solstice (Dental/Vision)
Dental:
Cust. Service # (877) 760-2247
Group #-12176 (DHMO) #12177 (PPO)
Vision:
Cust. Service # (877) 760-2247
Group #12176
Website-www.solsticebenefits.com

Mission Square (Plan 457/401)
Cust. Service # (800) 669-7400
Website-www.icmarc.org

Aetna
(EAP-Employee Assistance Program)
Cust. Service # (800) 865-3200
Website-www.resourcesforliving.com
Login ID: Pembroke Pines FL
Password: EAP

AFLAC
Cust. Service # (800) 992-3522
Website: www.aflac.com

Reliance Standard (Long Term Disability)
Cust. Service # (954) 846-7374
Group# VPL300214
Website-www.reliancestandard.com

FRS (Charter School Employees)
Cust. Service # (866) 446-9377
Website-www.myfrs.com

Principal
(General Employees Pension)
Cust. Service # (800) 547-7754
Plan ID#-4-27083
401-plan ID# 811511
www.principal.com

Fire/Police Pension Fund
Cust. Service # (954) 431-3124